



Motivation

Exploring motivation through the life of
Harriet Tubman



Harriet Tubman



- Click on the link below and see how Harriet Tubman used motivation to achieve her goals.

<https://vimeo.com/289626086>



Motivation and Harriet Tubman



Harriet Tubman was born into slavery. From a very young age, she was made to work hard. When she had her chance, she risked her life and escaped.

She then secretly returned and worked to help hundreds of other slaves escape on what was called the Underground Railroad.



Motivation and Harriet Tubman



Her **motivation** to help others drove her on, despite great personal danger.

“Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world.”

Harriet Tubman



Motivation in Life



What motivates you?

Does it come from inside you? *Personal sense of achievement??*

Or is it from outside you? *Rewards or punishments??*

What could help you be more motivated?



Time for REFLECTION



Answer the following questions in your **Character at Home Pupil Passport**.

3-2-1 Character Reflection

3

List 3 interesting facts about the Character Values you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.

