



Castle View Academy

The best in everyone™

Part of United Learning

Character at Home Pupil Passport

Name: _____

Form: _____

Welcome to your Character at Home Pupil Passport

Welcome to your Character at Home Pupil Passport 1
Character Values 1
Character at Home Certification Levels 2
Assembly Reflection and Character Lessons3
Character Lessons..... 5
Enrichment at Home Opportunities 11
Enrichment at Home Diary..... 14
Leadership at Home Opportunities 17
Leadership at Home Diary..... 18
TED talks – Descriptions and Links 20
TED Talk Reflections 22

[Visit the Character at Home page of the Castle View Academy Website](#)

Welcome to your Character at Home Pupil Passport

‘Crisis doesn’t create character, it reveals it’

We are an Academy of Character and Excellence. We provide a unique and extraordinary experience that sets us apart: locally, nationally and internationally. We give opportunities to develop the character of our pupils no matter what the circumstances. We have created the character at home passport and have developed a full range of assemblies, TED talks, enrichment activities, leadership opportunities and Character lessons in order to continue to develop you into well-rounded individuals in these extraordinary times.

You will use this passport in order to keep track of all your character development which takes place at home. Every time you complete one of the Character at Home activities, it should be logged in your passport. You should also use the table on the next page to tick off each activity and track your progress towards your bronze, silver and gold Character at Home certification levels. Don’t forget to sign off on your pupil passport when completed and get your parent/carer to as well!

<h2>Character Values</h2>			
Civic Values	Intellectual Values	Moral Values	Performance Values
<ul style="list-style-type: none"> ▪ Service ▪ Neighbourliness ▪ Citizenship ▪ Community awareness ▪ Volunteering ▪ Social justice 	<ul style="list-style-type: none"> ▪ Reflection ▪ Focus ▪ Critical thinking ▪ Reason and judgement ▪ Curiosity ▪ Resourcefulness ▪ Open-mindedness ▪ Wisdom ▪ Creativity 	<ul style="list-style-type: none"> ▪ Courage ▪ Compassion ▪ Gratitude ▪ Justice ▪ Honesty ▪ Humility ▪ Modesty ▪ Self-discipline ▪ Tolerance ▪ Integrity ▪ Friendliness ▪ Respect ▪ Trust 	<ul style="list-style-type: none"> ▪ Resilience ▪ Perseverance ▪ Determination ▪ Leadership ▪ Teamwork ▪ Confidence ▪ Motivation ▪ Ambition ▪ Problem-solving ▪ Communication

Within this pupil passport, you will be asked to reflect on how the activities have developed your character, or which values were referred to. You can find a full list of Character Values in the table above.

Character at Home Certification Levels



Activity	1	2	3	4	5	6	7	8	9	10	11	12
Assembly	All assemblies must be watched in order to achieve any certification level											
Character Lesson												
Enrichment Activity												
Leadership Opportunity												
TED talk												

Passport Sign-off

Gold Level Requirements:

- All assemblies watched
- 12 completed Character lessons
- 8 Enrichment Opportunities taken
- 11 Leadership Opportunities taken
- 12 TED talk reflections

Rewarded with the following:

- Gold Lapel Badge
- Gold Certificate
- Letter of commendation



Silver Level Requirements:

- All assemblies watched
- 7 completed Character lessons
- 5 Enrichment Opportunities taken
- 6 Leadership Opportunities taken
- 7 TED talk reflections

Rewarded with the following:

- Silver Lapel Badge
- Silver Certificate
- Letter of commendation



Bronze Level Requirements:

- All assemblies watched
- 3 completed Character lessons
- 3 Enrichment Opportunities taken
- 3 Leadership Opportunities taken
- 3 TED talk reflection

Rewarded with the following:

- Bronze Lapel Badge
- Bronze Certificate
- Letter of commendation



Upon the reopening of the Academy, you can either return this document, printed, to your form tutor or email it to them in order to receive your certification.

I hereby confirm that the completed table above is an accurate representation of the completion of the Character at Home Pupil Passport.

Pupil Signature: _____ Date: _____

Parent/Carer Signature: _____ Date: _____

Form Tutor Signature: _____ Date: _____

Assembly Reflection

[Click here for ... Assembly 1: Kindness](#)

[Assembly 2: Ambition](#)

[Assembly 3: Coming Soon...](#)



Which assemblies have you viewed? List which member of staff delivered each one and what the focus of their assembly was.

Now you will pick three assemblies you have viewed and reflect on them in further detail.

Assembly by _____ focusing on _____

_____.

State three values that this assembly could relate to, and say how:

What are two questions you want to ask about this assembly?



In what way will this assembly change the way you conduct yourself in the future?

Assembly by _____ focusing on _____

_____.

State three values that this assembly could relate to, and say how:

What are two questions you want to ask about this assembly?

In what way will this assembly change the way you conduct yourself in the future?

Assembly by _____ focusing on _____

_____.

State three values that this assembly could relate to, and say how:

What are two questions you want to ask about this assembly?

In what way will this assembly change the way you conduct yourself in the future?



Character Lessons [Click Here for Character Lessons](#)

3-2-1 Character Reflection - Courage

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.

3-2-1 Character Reflection - Curiosity

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.



1	<p>What is <u>1</u> way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>
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3-2-1 Character Reflection - Empathy

3	<p>List <u>3</u> interesting facts about the Character Value you have explored.</p> <p>1.</p> <p>2.</p> <p>3.</p>
2	<p>Explain in <u>2</u> sentences why the Character Value explored is important to help you flourish.</p> <p>1.</p> <p>2.</p>
1	<p>What is <u>1</u> way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>

3-2-1 Character Reflection - Fairness

3	<p>List <u>3</u> interesting facts about the Character Value you have explored.</p> <p>1.</p> <p>2.</p> <p>3.</p>
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2	<p>Explain in <u>2</u> sentences why the Character Value explored is important to help you flourish.</p> <p>1.</p> <p>2.</p>
1	<p>What is <u>1</u> way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>

3-2-1 Character Reflection - Humility

3	<p>List <u>3</u> interesting facts about the Character Value you have explored.</p> <p>1.</p> <p>2.</p> <p>3.</p>
2	<p>Explain in <u>2</u> sentences why the Character Value explored is important to help you flourish.</p> <p>1.</p> <p>2.</p>
1	<p>What is <u>1</u> way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>

3-2-1 Character Reflection - Initiative

3	<p>List 3 interesting facts about the Character Value you have explored.</p> <p>1.</p> <p>2.</p> <p>3.</p>
2	<p>Explain in 2 sentences why the Character Value explored is important to help you flourish.</p> <p>1.</p> <p>2.</p>
1	<p>What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>

3-2-1 Character Reflection - Integrity 	
3	<p>List 3 interesting facts about the Character Value you have explored.</p> <p>1.</p> <p>2.</p> <p>3.</p>
2	<p>Explain in 2 sentences why the Character Value explored is important to help you flourish.</p> <p>1.</p> <p>2.</p>
1	<p>What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <p>1.</p>
3-2-1 Character Reflection - Kindness	

3	<p>List 3 interesting facts about the Character Value you have explored.</p> <ol style="list-style-type: none">1.2.3.
2	<p>Explain in 2 sentences why the Character Value explored is important to help you flourish.</p> <ol style="list-style-type: none">1.2.
1	<p>What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?</p> <ol style="list-style-type: none">1.

3-2-1 Character Reflection - Motivation

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.

3-2-1 Character Reflection - Optimism

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.

3-2-1 Character Reflection - Resilience

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.

3-2-1 Character Reflection - Tolerance

3

List 3 interesting facts about the Character Value you have explored.

- 1.
- 2.
- 3.

2

Explain in 2 sentences why the Character Value explored is important to help you flourish.

- 1.
- 2.

1

What is 1 way you could apply the Character Value explored to change your world (home, community, school, country)?

- 1.



Distance Enrichment Programme

Day	Enrichment Club	Staff Lead	Description	Character Values Developed
Mon	Film Club	Mr Beck	Pupils are to watch a film of their own choosing and then should review it using whichever format they see fit. Guidance will be given about what a review should include.	Critical Thinking, Curiosity, Gratitude, Honesty, Integrity, Reason and Judgement, Reflection.
Tues	Cooking Club	Mrs Nutland	Students will be given a choice of activities based on a food theme. Students can choose which task/s to complete depending on your interests and what ingredients you may have at home. Additional recipes will also be added if you want to practice and showcase your cooking skills.	Creativity, Critical Thinking, Curiosity, Determination, Motivation, Problem solving, Reflection, Resourcefulness.
Tues	Comic Book Club	Mr Beck	Students will be given drawing activities based on comics in order to develop their personal creativity. There will be multiple tasks to choose from.	Creativity, Curiosity, Determination, Focus, Motivation, Reflection.
Tues	Photography Club	Mr Watkins	Students will be given opportunities to create excellent images using devices such as mobile phone camera	Creativity, Curiosity, Determination, Focus, Motivation, Reflection
Wed	Science Club	Miss Maxwell	Students will write a hypothesis, follow a method to carry out an experiment at home and then write a conclusion. Guidance will be given for writing your hypothesis and conclusion.	Critical thinking, Curiosity, Problem solving, Reason and Judgement, Reflection.
Thurs	Drama Club	Miss Reed-Birks	Pupils are to write one scene of a play which is from their own ideas. Guidance will be given about how to format and write a script correctly.	Ambition, Autonomy, Creativity, Determination, Focus, Motivation, Reflection.
Fri	Art Club	Mrs Beck	Pupils to make or decorate one or more articles using, wherever possible, original design ideas. The main emphasis is on DECORATING - so that could be clothes, cakes, pictures etc.	Autonomy, Curiosity, Creativity, Determination, Focus, Motivation, Reflection, Resourcefulness.

Also on offer:

- Fitness



Castle View Academy
The best in everyone™
Part of United Learning

Offered by the PE department. Each week links to videos offering workouts will be published, alongside daily skills and challenge videos. PE links are available on our website

<https://www.castleviewacademy.org.uk>

Enrichment at Home Diary



Use the table below to keep a diary of each enrichment club activity you have completed whilst at home. You should try to take as many of these opportunities as possible, remembering that you need to have completed eight in order to achieve Gold level (see *Enrichment at Home, opportunities Page 11*). An example has been done for you.

Date	Which Enrichment Club activity did you take part in?	Explain what you had to do in this activity, and what you did.	Which character values did you develop during this task and how? <i>(Character Values are listed on Page 1 of this Pupil Passport)</i>
20/04/20	<i>Film Club</i>	<i>For Film Club we were asked to watch a film and write a review of it using a template given to us. I watched the live-action version of The Lion King. I made this decision as I could compare it to the original. I wrote a review and emailed it back to sir.</i>	<p><i>Reasoning and Judgement – Within my review, I had to form opinions on the film I watched but then be able to give reasons for my judgements.</i></p> <p><i>Critical Thinking – As I had to critique the film, I had to consider which bits I didn't like and how the film could have been improved.</i></p>

Leadership at Home Opportunities



Leadership Opportunity	Description	Character Values Developed
Household Key Worker - Cleaning	Vacuuming, dusting, cleaning surfaces, etc.	Citizenship, Humility, Motivation, Neighbourliness, Respect, Service, Volunteering.
Skills Teacher	Learn a new skill and teach it to somebody in your home or create an instructional guide.	Ambition, Autonomy, Communication, Confidence, Curiosity, Determination, Friendliness, Motivation, Perseverance, Reflection, Resilience, Self-Discipline, Service.
Gardener	Mowing the lawn, weeding, sweeping, watering plants, etc.	Citizenship, Humility, Motivation, Neighbourliness, Respect, Service, Volunteering.
Youth Worker	Provide childcare for a younger sibling or help them with schoolwork.	Autonomy, Citizenship, Compassion, Friendliness, Integrity, Motivation, Neighbourliness, Perseverance, Resilience, Service, Tolerance, Volunteering.
Quiz Master	Create a quiz which you then lead for your household, or host for friends online.	Autonomy, Citizenship, Confidence, Motivation, Neighbourliness, Service.
Household Key Worker - Washing	Sort, wash and dry your household's laundry.	Citizenship, Humility, Motivation, Neighbourliness, Respect, Service, Volunteering.
Nutritionist	Create a week's food menu, prepare a meal.	Autonomy, Critical Thinking, Citizenship, Humility, Motivation, Neighbourliness, Resourcefulness, Service, Volunteering.
Games Master	Organise a night of games for your household.	Autonomy, Citizenship, Confidence, Motivation, Neighbourliness, Service.
Personal Trainer	Pupils organise a workout schedule for the week, either for themselves, or ideally their household, and lead each day.	Autonomy, Citizenship, Creativity, Critical Thinking, Confidence, Determination, Motivation, Neighbourliness, Reflection, Resilience, Resourcefulness, Self-discipline, Service.
Events Manager	Organise and lead an activity for your household.	Autonomy, Citizenship, Critical Thinking, Confidence, Determination, Motivation, Neighbourliness, Reflection, Service.
Family Support	Call a relative or family friend and check in on them.	Citizenship, Community Awareness, Communication, Compassion, Friendliness, Neighbourliness, Respect, Service, Wisdom

Date	Which Leadership Opportunity was taken?	Which character values did you develop during this leadership role and how?



TED talks – Descriptions and Links

TALK	SYNOPSIS	LINK	VALUES EXPLORED
Sophal Ear – Escaping the Khmer Rouge	TED Fellow Sophal Ear shares the compelling story of his family's escape from Cambodia under the rule of the Khmer Rouge. He recounts his mother's cunning and determination to save her children.	https://www.ted.com/talks/sophal_ear_escaping_the_khmer_rouge#t-341586	Determination
Ben Saunders – To the South Pole and Back: The hardest 105 days of my life	This year, explorer Ben Saunders attempted his most ambitious trek yet. He set out to complete Captain Robert Falcon Scott's failed 1912 polar expedition — a four-month, 1,800-mile round trip journey from the edge of Antarctica to the South Pole and back. In the first talk given after his adventure, just five weeks after his return, Saunders offers a raw, honest look at this "hubris"-tinged mission that brought him to the most difficult decision of his life.	https://www.ted.com/talks/ben_saunders_to_the_south_pole_and_back_the_hardest_105_days_of_my_life#t1008334	Ambition and Determination
Diana Nyad – Never, ever give up	In the pitch-black night, stung by jellyfish, choking on saltwater, singing to herself, hallucinating ... Diana Nyad just kept on swimming. And that's how she finally achieved her lifetime goal as an athlete: an extreme 100-mile swim from Cuba to Florida -- at age 64. Hear her story.	https://www.ted.com/talks/diana_nyad_never_ever_give_up#t918954	Ambition, Determination, Perseverance and Resilience
Simon Sinek – How Great Leaders Inspire Action	Simon Sinek has a simple but powerful model for inspirational leadership -- starting with a golden circle and the question: "Why?" His examples include Apple, Martin Luther King Jr. and the Wright brothers ...	https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action#t-1065511	Leadership and Motivation
Tim Urban – Inside the mind of a Master Procrastinator	Tim Urban knows that procrastination doesn't make sense, but he's never been able to shake his habit of waiting until the last minute to get things done. In this hilarious and insightful talk, Urban takes us on a journey through YouTube binges, Wikipedia rabbit holes and bouts of staring out the window -- and encourages us to think harder about what we're really procrastinating on, before we run out of time.	https://www.ted.com/talks/tim_urban_inside_the_mind_of_a_master_procrastinator#t829623	Ambition, Motivation, Self-discipline

<p>Andy Puddicombe – All it Takes is 10 Mindful Minutes</p>	<p>When is the last time you did absolutely nothing for 10 whole minutes? Not texting, talking or even thinking? Mindfulness expert Andy Puddicombe describes the transformative power of doing just that: Refreshing your mind for 10 minutes a day, simply by being mindful and experiencing the present moment. (No need for incense or sitting in uncomfortable positions.)</p>	<p>https://www.ted.com/talks/andy_puddicombe_all_it_takes_is_10_mindful_minutes#t-543237</p>	<p>Focus, Reflection</p>
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TALK	SYNOPSIS	LINK	VALUES EXPLORED
<p>Megan PhelpsRoper – I grew up in the Westboro Baptist Church. Here’s why I left</p>	<p>What's it like to grow up within a group of people who exult in demonizing ... everyone else? Megan Phelps-Roper shares details of life inside America's most controversial church and describes how conversations on Twitter were key to her decision to leave it. In this extraordinary talk, she shares her personal experience of extreme polarization, along with some sharp ways we can learn to successfully engage across ideological lines.</p>	<p>https://www.ted.com/talks/megan_phelps_roper_i_grew_up_in_the_westboro_baptist_church_here_s_why_i_left#t-283069</p>	<p>Compassion, Integrity, Respect and Tolerance</p>
<p>Ric Elias – 3 things I learned while my plane crashed</p>	<p>Ric Elias had a front-row seat on Flight 1549, the plane that crash-landed in the Hudson River in New York in January 2009. What went through his mind as the doomed plane went down? At TED, he tells his story publicly for the first time.</p>	<p>https://www.ted.com/talks/ric_elias_3_things_i_learned_while_my_plane_crashed#t271413</p>	<p>Gratitude, Reflection and Wisdom</p>
<p>France Villarta – The gender-fluid history of the Philippines</p>	<p>In much of the world, gender is viewed as binary: man or woman, each assigned characteristics and traits designated by biological sex. But that's not the case everywhere, says France Villarta. In a talk that's part cultural love letter, part history lesson, he details the legacy of gender fluidity and inclusivity in his native Philippines -- and emphasizes the universal beauty of all people, regardless of society's labels.</p>	<p>https://www.ted.com/talks/france_villarta_the_gender_fluid_history_of_the_philippines</p>	<p>Community Awareness, Open-mindedness and Tolerance</p>
<p>Ash Beckham – When to take a stand – and when to let it go</p>	<p>Ash Beckham recently found herself in a situation that made her ask: who am I? She felt pulled between two roles — as an aunt and as an advocate. Each of us feels this struggle sometimes, she says - and offers bold suggestions for how to stand up for your moral integrity when it isn't convenient.</p>	<p>https://www.ted.com/talks/ash_beacham_when_to_take_a_stand_and_when_to_let_it_go/up-next</p>	<p>Compassion, Integrity, Openmindedness, and Tolerance</p>

**Laurence Lewars
- Questions Every
Teenager Needs
to Be Asked**

The world is not a fair place and not everyone gets to live out their dreams, but should this stop us from dreaming? Early on teenagers have their dreams beaten out of them by life. This talk attempts to revive this lost dream in teenagers across the world

As a student with a very diverse ethnic background, Laurence is a true embodiment of the international nature of Dhahran High School - where he is now a junior. He is a leader in his school's Model United Nations Club as well as a member of his school's student council.

<https://www.youtube.com/watch?v=NEgoEgonx3U>

**Ambition and
Self-reflection**

TED Talk Reflections

You should aim to reflect on twelve TED talks in order to achieve the Gold Certification Level.

Name of TED talk:

Talk given by:

What did you find most interesting about this TED talk?

Which character values does this talk relate to, and how?

Summarise what you believe the key message of this talk was:

How has watching this helped to develop your character?

Name of TED talk:

Talk given by:

What did you find most interesting about this TED talk?

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How has watching this helped to develop your character?



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Talk given by:

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Talk given by:

What did you find most interesting about this TED talk?

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