

# PHYSICAL EDUCATION

ASSESSMENT

**GIRLS PE**

**Year 7**

Intro  
into PE

4. Leadership

**Gymnastics**

6. Growth mindset

1. Skills

**Football**

2. Tactics

KEY PERFORMANCE INDICATORS

7. Fitness level

**HRF**

9. Healthy  
lifestyle

4. Leadership

**OAA**

5. Communication

1. Skills

**Netball**

8. Training Safely

FIT TO PERFORM 1-2-3

FIT TO LEAD 4-5-6

FIT FOR LIFE 7-8-9

3. Analysis of  
performance

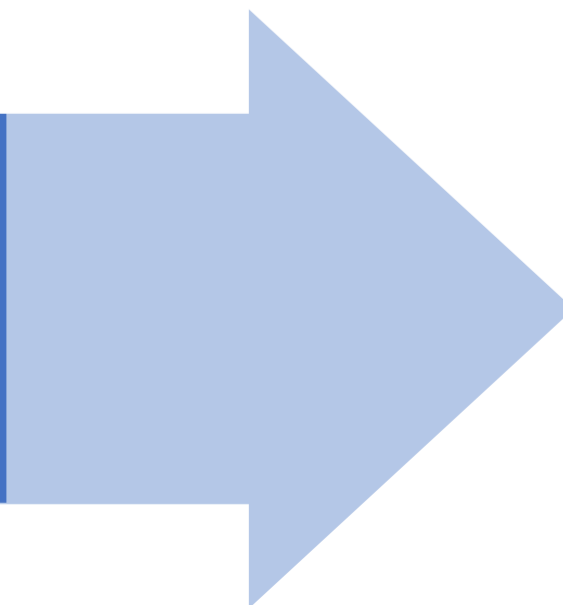
**Athletics**

7. Fitness level

1. Skills

**Rounders**

2. Tactics





# PHYSICAL EDUCATION

ASSESSMENT

**GIRLS PE**

**Year 8**

1. Skills

**Basketball**

7. Fitness level

2. Tactics

**Rugby**

9. Healthy lifestyle

KEY PERFORMANCE INDICATORS

8. Training safely

1. Skills

**Volleyball**

4. Leadership

**Gymnastics**

6. Growth mindset

3. Analysis of performance

**Cricket**

5. Communication

FIT TO PERFORM 1-2-3

FIT TO LEAD 4-5-6

FIT FOR LIFE 7-8-9

1. Skills

**Tennis**

4. Leadership

ASSESSMENT

**GIRLS PE**

**Year 9**

2. Tactics

**Football**

6. Growth mindset

1. Skills

**Badminton**

2. Tactics

KEY PERFORMANCE INDICATORS

7. Fitness level

8. Training safely

**HRF**

9. Healthy lifestyle

4. Leadership

2. Tactics

**Handball**

5. Communication

1. Skills

3. Analysis of performance

**Rounders**

4. Leadership

FIT TO PERFORM 1-2-3

FIT TO LEAD 4-5-6

FIT FOR LIFE 7-8-9

6. Growth mindset

**Tennis**

3. Analysis of performance