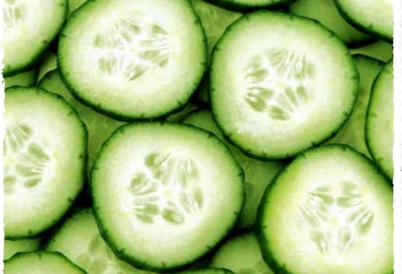
Welcome to

GOOD





We care about Good School Food!

Which is why we work closely with the Soil Association to make sure we are providing food which is healthy, sustainably sourced, better for animal welfare and delicious of course! This means...

All of the eggs we use are free range

the

- We source British, local and seasonal produce where possible
- Our meat is sourced from UK farms with high standards of animal welfare
- We have achieved the MSC's (Marine Stewardship Council) Chain of Custody certification which demonstrates that the fish we serve is from
- well-managed & sustainable fisheries we don't serve any endangered fish

THE **KITCHEN** YOUR MENU FOR WEEK ONE

- mains -

Landin

MONDAY Pork Sausage, Mash & Gravy served with Peas & Sweetcorn

TUESDAY Beef Lasagne served with Green Beans & Cauliflower

WEDNESDAY Roast Chicken, Roast Potatoes & Gravy with Broccoli & Carrots

THURSDAY Pulled Turkey & Rice Burrito served with a Vegetable Medley

FRIDAY Fish Fingers & Chips served with Peas & Baked Beans and Sour Cream served with a Vegetable Medley FRIDAY Quorn Burger & Chips served with Peas & Baked Beans

THE KITCHENce YOUR MENU FOR WEEK TWO

- mains -

MONDAY Beef Bolognese and Penne Pasta served with Peas & Carrots

TUESDAY Chicken and Sweetcorn Pie with New Potatoes served with Green Beans & Cauliflower

WEDNESDAY Roast Turkey, Roast Potatoes & Gravy with Cabbage and Carrots

THURSDAY Lamb Kheema Curry & Rice with Spinach & Sweetcorn

FRIDAY Battered Fish & Chips served with Peas & Baked

Lances

- vegetarian -

MONDAY Vegetable Chow Mein with Peas & Carrots

TUESDAY Spicy Bean Burger in a Bun with Green Beans & Cauliflower

WEDNESDAY Vegetable and Bean Ragu & Roast Potatoes with Cabbage & Carrots

THURSDAY Quorn Meatballs in Tomato Sauce and Rice with Spinach & Sweetcorn

FRIDAY Cheese & Tomato Penne Pasta served with Peas & Baked Bean - desserts -

MONDAY Apple Crumble with Custard

TUESDAY Lemon & Courgette Cake

WEDNESDAY **Orange and Carrot Muffin**

THURSDAY Pineapple Upside Down Sponge with Custard

FRIDAY ocolate Brownie

- mains -MONDAY

Beef Meatballs & Penne Pasta served with Sweetcorn & Mixed Salad

TUESDAY **Garlic Lemon Chicken with Cous Cous served with Coleslaw & Green Beans**

WEDNESDAY Roast Pork, Roast Potatoes & Gravy with Carrots & Cauliflower

THURSDAY **Beef Moussaka with Roasted** Mediterranean Vegetables

FRIDAY Fish Finger Bap with Tartar Sauce & Chips with Peas & Baked Beans

Lances

THE KITCHEN

- vegetarian -

MONDAY Halloumi & Roast Vegetable Wrap with Sweetcorn & Mixed Salad

TUESDAY **Quorn and Vegetable Fajitas** with Coleslaw & Green Beans

WEDNESDAY **Vegetable & Lentil Pasta Bake with Carrots & Cauliflower**

THURSDAY **Cheese and Tomato Whirl with Roasted Mediterranean Vegetables**

FRIDAY Falafel Salad Pitta Bread served with Peas & Baked Beans

- vegetarian -

MONDAY Macaroni Cheese served with Peas & Sweetcorn

TUESDAY Roasted Vegetable Tart & New Potatoes served with Green Beans & Cauliflower

WEDNESDAY Vegetable & Cheese Frittata served with Broccoli & Carrots

THURSDAY Vegetable Bean Chilli with Rice

- desserts -

MONDAY Pear and Ginger Sponge

TUESDAY Chocolate Bread and Butter Pudding

WEDNESDAY Eve's Pudding with Custard

THURSDAY **Chocolate Muffin**

FRIDAY **Fruity Flapjack**

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YOUR MENU FOR WEEK THREE

- dessents -

MONDAY Pear & Berry Crumble with Custard

TUESDAY **Rice Pudding with Peaches**

WEDNESDAY Pear and Chocolate Flapjack

THURSDAY **Chocolate Baked Rice Pudding**

FRIDAY **Berry Muffin**





