



# Weekly Round-Up

5<sup>th</sup> Issue  
February 2021



## National Apprenticeship Week 2021

*National Apprenticeship Week provides a fantastic opportunity to help students think about their future careers and to raise awareness of the different options available after school, including apprenticeships.*

Yr 11 had the opportunity to listen to a presentation regarding applying for apprenticeships with the Steve Willis Foundation. They offered great advice about the variety of opportunities they have for their future career.

It was great to see students taking part in this session as well as the other evening virtual events. Many of our students found it helpful to what options were available to them after they finish their academic journey here at Castle View Academy.

Both **Will E** and **Tyler S** are now waiting to hear back following their application for a September start. Well done to both.

Other evening sessions are planned:

- Thursday, 11<sup>th</sup> February at 6pm**
- Friday, 12<sup>th</sup> February at 5pm**
- Monday, 15<sup>th</sup> February at 12pm**
- Wednesday, 17<sup>th</sup> February at 1pm**

**STEVE WILLIS TRAINING**  
GAS, PLUMBING & ELECTRICAL APPRENTICESHIPS

**VIRTUAL INFORMATION EVENT**

TOUR OUR  
MODERN  
WORKSHOPS

MEET THE  
TEAM

FIND OUT  
HOW TO  
APPLY

| BOOK NOW:               |         |
|-------------------------|---------|
| THURSDAY 11TH FEBRUARY  | 6:00pm  |
| FRIDAY 12TH FEBRUARY    | 5:00pm  |
| MONDAY 15TH FEBRUARY    | 12:00pm |
| WEDNESDAY 17TH FEBRUARY | 1:00pm  |

## The Half Term Rundown

### Attendance Overview from Mr. Tucker



As we approach the end of another difficult half term, I wanted to thank all of you at home for the resilience you have shown over the last 6 weeks. Attendance over that time has been strong and I want to thank you for ensuring that your children are accessing the online lessons that they have. Staff have worked hard to try and adapt to the technology and make the experience for students as close as possible to a classroom, but we have relied heavily on you to motivate and encourage them.

Over 90% of students sign in everyday to some of their learning with about 85% accessing 20 hours of live teaching a week. As of the time of writing, we still do not know what the next half term will look like, but please be assured that our offer will remain unchanged until we return to the building. It is therefore really important that when we return after the half term break, those habits of signing in to lessons continue, to make sure that these numbers are even higher. I know that over 95% of parents have met with tutors over the last week to discuss the half term's work and set some targets for the return. I would say that ensuring children are in every lesson and not just 90% of them, is a key one.

Can I also thank the large amount of parents who have messaged in, or spoken to tutors about how impressed they have been with what the Staff at Castle View Academy have done this half term. These messages have been shared with staff and have been warmly received.

I wish you a restful half term break, Mr Tucker

### A message to Year 11 from Mr Holden

In Year 11, I think that most of you feel as though this has been one of the most challenging periods of your school career. You have had to be proactive, self-motivated and determined to not let yourself fall behind and undo all of your hard work.

As teachers, we understand that it has been difficult, but please keep working hard and collecting evidence, as this will really help justify your grade.

Well done for working hard over the last 6 weeks, it will pay off. Look after yourselves and have a great half term.

Which is commendable considering how it has been overshadowed by the uncertainty of your examinations and what this will mean for your future after you leave CVA.

Mr Holden

Here at Castle View Academy we take pride in the achievements of our students. During lockdown, our Professional Studies department have been working exceptionally hard in delivering their online lessons and ensuring our students do not miss out on valuable learning in the creative fields.

Each week the students who have shown outstanding effort and engagement in their dance lessons are chosen by Miss.Nutland as our **'Dancers of the Week'**. This week's winners are:

Year 7 - **Isabella W** - For performing her 60s dance craze routine to the whole class.

Year 8 - **Dorian B** - For being Miss Nutlands Tech guru and guiding his class through how to set up and edit their assignments on Chrome Books

Year 9 - **Triniti, Zara, Awa and Chananan** for completing every single lesson and sending through their filmed performances every week.

Year 10 - **Katie and Grace** for their detailed plan which will go towards their RSL exam.

Year 11 - **Fatihah, Taia, Marnie, Maisy, and Chloe**, for not missing a single dance lesson online! Your coursework is looking amazing!

Also, a huge shout out to every single dance student who has been working tirelessly at home over this half term, finding even the smallest of spaces in order to dance and participate fully in the lesson. I am so proud of each and every one of you!

## BAKE OFF COMPETITION NEWS



The winner of the cooking challenge for this half term is Year 8 pupil Megan T , who baked a sponge cake with chocolate and orange flavoured icing. Congratulations, Megan! Thank you to all students who entered. Mrs Nutland and Micah look forward to seeing more enteries next half term.

We have seen some great art work that students have completed in their own time over this half term and they have been kind enough to share these with us.



Kyla T, Yr 8



Maisey M, Yr 8



Olivia Z, Yr 8

## LOCKDOWN FUN IDEAS/ CHALLENGES.

ON BEHALF OF THE PREFECTS AND PROFESSIONAL STUDIES DEPARTMENT

Prefect Micah has worked hard alongside the Professional Studies department to create some exciting challenges for students to take part in over the lockdown.

### 1 THE CASTLE VIEW BAKE OFF

Castle View are doing a bake off. As most of us can't be in school, we can't have a taste testing bake off. Instead, we are doing a cake design competition. This means you can still make a cake (or buy a plain one) and decorate it. **The winner will get 15 Epraise points, second place will get 10, third place will get 5 and everyone who participated will get 2.** Every week there will be a theme. It will be like Bake Off on TV. When it reaches half term, the person with the most points will win a prize. This competition will be judged by Mrs Nutland.

### 2 DRAWING COMPETITON

At the school we are doing a drawing competition. Each week, we are going to have a different theme. For instance, week one could be 'around the world'. This competition is weekly and the judge will be Mrs Beck. **These will contribute to your Student Passport!**

### 3 CASTLE VIEW'S GOT TALENT

This is a talent show that the prefects have thought of. This will be judged by Miss Nutland. You at home can record yourself doing something talented and then send it to Miss Nutland to decide the winner.

Miss Nutland will pick the winner based on these things:

- Performance
- Determination
- Creativity

You can email the teachers at :

[james.webb@castleviewacademy.org.uk](mailto:james.webb@castleviewacademy.org.uk)  
[katrina.nutland@castleviewacdemy.org.uk](mailto:katrina.nutland@castleviewacdemy.org.uk)  
[eliza.beck@casteviewacademy.org.uk](mailto:eliza.beck@casteviewacademy.org.uk)



| Student    | No. of unique skills completed | No. of skills with scores of 100% | No. of skills with scores of 70-99% | No. of skills with scores of 0-69% | Questions answered | Total learning (hrs) |
|------------|--------------------------------|-----------------------------------|-------------------------------------|------------------------------------|--------------------|----------------------|
| Isabella W | 4                              | 1                                 | 0                                   | 3                                  | 89                 | 11.7                 |
| Jarell K   | 7                              | 6                                 | 1                                   | 0                                  | 81                 | 2.2                  |
| Ernie J    | 7                              | 6                                 | 1                                   | 0                                  | 102                | 1.6                  |
| Zoe A      | 7                              | 7                                 | 0                                   | 0                                  | 114                | 1.4                  |
| Albie S    | 7                              | 5                                 | 0                                   | 2                                  | 91                 | 1.4                  |
| Alisha B   | 7                              | 5                                 | 2                                   | 2                                  | 70                 | 1.3                  |
| Max S      | 5                              | 5                                 | 0                                   | 0                                  | 55                 | 1.3                  |
| Lily D     | 4                              | 3                                 | 1                                   | 0                                  | 52                 | 1.2                  |
| Oscar G    | 10                             | 9                                 | 1                                   | 0                                  | 115                | 1.2                  |
| Zayden C   | 6                              | 3                                 | 2                                   | 1                                  | 65                 | 1.2                  |

| Student     | No. of unique skills completed | No. of skills with scores of 100% | No. of skills with scores of 70-99% | No. of skills with scores of 0-69% | Questions answered | Total learning (hrs) |
|-------------|--------------------------------|-----------------------------------|-------------------------------------|------------------------------------|--------------------|----------------------|
| Ayesha J    | 13                             | 11                                | 2                                   | 0                                  | 136                | 3.8                  |
| Connor H    | 4                              | 1                                 | 0                                   | 3                                  | 41                 | 2.2                  |
| Abigail T   | 7                              | 1                                 | 1                                   | 5                                  | 122                | 2.2                  |
| Owen L      | 9                              | 6                                 | 3                                   | 0                                  | 91                 | 1.9                  |
| Evie B      | 8                              | 4                                 | 0                                   | 4                                  | 84                 | 1.6                  |
| Jacob R     | 5                              | 2                                 | 3                                   | 0                                  | 50                 | 1.5                  |
| Kyla T      | 10                             | 5                                 | 3                                   | 2                                  | 100                | 1.4                  |
| Fawziyyah O | 20                             | 15                                | 2                                   | 3                                  | 265                | 1.4                  |
| Tilly-May R | 7                              | 2                                 | 1                                   | 4                                  | 55                 | 1.3                  |
| Roma A      | 13                             | 10                                | 1                                   | 3                                  | 167                | 1.2                  |

| Student       | No. of unique skills completed | No. of skills with scores of 100% | No. of skills with scores of 70-99% | No. of skills with scores of 0-69% | Questions answered | Total learning (hrs) |
|---------------|--------------------------------|-----------------------------------|-------------------------------------|------------------------------------|--------------------|----------------------|
| Kiera H       | 7                              | 4                                 | 3                                   | 0                                  | 116                | 2.6                  |
| Maisie H      | 17                             | 6                                 | 8                                   | 3                                  | 153                | 2.1                  |
| Mia R         | 13                             | 5                                 | 4                                   | 4                                  | 126                | 2.1                  |
| Triniti B     | 9                              | 5                                 | 3                                   | 1                                  | 73                 | 2.1                  |
| Grace C       | 8                              | 6                                 | 2                                   | 0                                  | 87                 | 1.9                  |
| Mark H        | 8                              | 2                                 | 6                                   | 0                                  | 84                 | 1.8                  |
| Amelia-Rose M | 7                              | 3                                 | 4                                   | 0                                  | 72                 | 1.8                  |
| Millie G      | 4                              | 0                                 | 3                                   | 1                                  | 47                 | 1.5                  |
| Kai N         | 14                             | 7                                 | 3                                   | 4                                  | 124                | 1.5                  |
| Jake K        | 8                              | 6                                 | 2                                   | 0                                  | 120                | 1.5                  |

| Student     | No. of unique skills completed | No. of skills with scores of 100% | No. of skills with scores of 70-99% | No. of skills with scores of 0-69% | Questions answered | Total learning (hrs) |
|-------------|--------------------------------|-----------------------------------|-------------------------------------|------------------------------------|--------------------|----------------------|
| Faye P      | 16                             | 8                                 | 7                                   | 1                                  | 138                | 3.3                  |
| Bobbi-Lee T | 15                             | 10                                | 2                                   | 3                                  | 134                | 2.8                  |
| Abby-Lou M  | 14                             | 9                                 | 5                                   | 0                                  | 129                | 2.7                  |
| Katie R     | 14                             | 9                                 | 3                                   | 2                                  | 120                | 2.6                  |
| Grace P     | 14                             | 12                                | 2                                   | 0                                  | 109                | 2.4                  |
| Alfie P     | 15                             | 11                                | 4                                   | 0                                  | 139                | 2.1                  |
| Tia I       | 9                              | 8                                 | 1                                   | 0                                  | 103                | 2.1                  |
| Connor W    | 14                             | 11                                | 3                                   | 0                                  | 110                | 2                    |
| Harry R     | 17                             | 9                                 | 8                                   | 0                                  | 155                | 2                    |
| Daisie T    | 14                             | 11                                | 3                                   | 0                                  | 129                | 1.9                  |

| Student       | No. of unique skills completed | No. of skills with scores of 100% | No. of skills with scores of 70-99% | No. of skills with scores of 0-69% | Questions answered | Total learning (hrs) |
|---------------|--------------------------------|-----------------------------------|-------------------------------------|------------------------------------|--------------------|----------------------|
| Ellie T       | 31                             | 30                                | 1                                   | 0                                  | 347                | 5.7                  |
| Margarida C   | 44                             | 42                                | 0                                   | 2                                  | 293                | 5.6                  |
| Frankie P     | 15                             | 9                                 | 6                                   | 0                                  | 131                | 4.8                  |
| Leah M        | 38                             | 33                                | 4                                   | 1                                  | 437                | 4.6                  |
| Phoebe L      | 23                             | 23                                | 0                                   | 0                                  | 197                | 3.4                  |
| Blossom L     | 8                              | 7                                 | 0                                   | 1                                  | 87                 | 3.1                  |
| Jesse-James H | 7                              | 2                                 | 2                                   | 3                                  | 45                 | 2.9                  |
| Chloe B       | 14                             | 12                                | 2                                   | 0                                  | 257                | 2.4                  |
| Tia A         | 3                              | 2                                 | 1                                   | 0                                  | 35                 | 2.4                  |
| Oliver B      | 5                              | 1                                 | 3                                   | 1                                  | 54                 | 2.2                  |

word of the week

**despot**

(noun)

A despot is a leader or person who has a lot of power and who uses it unfairly or cruelly.

Use this word correctly in your work in any subject this week for a **class charts point**.

**Synonyms**

- Totalitarian
- Absolute ruler
- Authoritarian

**Sentences containing the noun 'despot'**

- The **despot** issued a death sentence for anyone who disobeyed his laws.
- The **despot's** policies included a ban on other political parties, so that no one could threaten his power.

**Antonyms**

- Democrat
- Republican
- Egalitarian

*This week the English department have chosen 'despot' as their word of the week, meaning 'a leader or a person who has a lot of power and who uses it unfairly or cruelly'.*

*Students have worked really hard this half-term studying Anne Frank's diary and Social Injustice, and enjoyed the opportunity to develop their own non-fiction writing skills.*

English teachers would like highlight the following students for their efforts.

**Year 7**

Miss Choudhry would like to say a big well done to **Eva** and **Jennifer** for there excellent efforts with creative writing. Keep up the good work!

**Year 9**

Mrs Reed-Birks has been really impressed by the effort that **Kiera** has put into making excellent and informed contributions throughout the live lessons and persevered with her own writing. Miss Choudhry would like to recognise **Ashleigh** and **Morgan** for their effort in English lessons this week.

**Year 10**

Ms Cole would like to give a shout out to **Tiff** for asking great questions during lessons that enhance her understanding of Macbeth, and she would like to recognise **Jack P** for being a model English student. Miss Findlay would like to recognise **Phoebe, Kira** and **Riley** for their effort in English lessons this week.

**Year 11**

Miss Cole would like to recognise **Deacon** for going above and beyond in English, and **Bradley** for a great attitude to learning. Miss Findlay would like to say a huge well done to **Maisy** for her excellent effort writing her poetry essay this week.



**Science Challenges**

Over the course of this half term, students have been set a variety of challenges to try at home. Above are examples of sewing icecubes and creating a musical instrument from a coat hanger. We look forward to seeing more science challenges being completed next half term.

## Supporting Parents Helpfinder (Young Minds)

Times are tough for many people right now. Parents find themselves pulled in many different directions and children may be struggling being in the house for so much longer than usual.

A mixture of concern about covid, work from home and children at home, along with a possible financial impact make way for a stressful household.

Young Minds have created a useful 'supporting Parents Helpfinder'. By answering six questions, you can find out how to support your child's mental health during the pandemic (and beyond).

Find the help finder at <https://youngminds.org.uk/support-parents-helpfinder/>

## When emotions explode

Last year and the start of 2021 has been extra stressful and, understandably emotions may be heightened at home. It's normal to feel frustrated, worried or angry about the situation, but it can be hard to know how to communicate in these very emotional or angry moments.

This poster aims to support parents when their child has angry feelings or outbursts and may help families start a conversation and talk about each other's feelings.



Last year and the start of 2021 has been extra stressful and, understandably, emotions may be heightened at home. It's normal to feel frustrated, worried or angry about the situation, but it can be hard to know how to communicate in these very emotional or angry moments.

This poster was created by YoungMinds and aims to support parents/carers when their child has angry feelings or outbursts and may help to start a conversation and communicate to each other about their

# End of term messages **Notes from the Heads of Year**

Dear Year 7 and 8 Students,

I would like to say a huge well done for your perseverance during what has been a really challenging half term. You have continuously shown the determination needed to ensure you do not fall behind in your studies and to say we are all really proud of you is a huge understatement.

I have seen evidence of some really outstanding work where you have clearly gone above and beyond expectations!

After half term it is important the 'we go again' positive attitude stays when the live

lesson resume on Monday, 22nd February starting with tutor at 8.45am and assembly at 9.00am.

During our assembly on Monday I shared some ideas to help you relax, the ones I am going to try over the half term break are:

1. To take a cold shower
2. To live without technology for a day

I have heard cold showers are good for the mental and physical health and I think I

may stretch no technology for 3 or 4 days after spending the last half term in front of a screen.

Please drop me an email of your 'top tip for relaxing' over the break, I would love to share these with the rest of CVA staff.

Finally, I'd like to extend my gratitude to our amazing parents and carers, you've been invaluable in supporting your children to do their very best – thank you!

Take care and stay safe.  
Miss Sitch

Dear Year 9 students,

This week we held a very successful parent event where tutors discussed engagement and progress over the past few weeks with home. These conversations have been very positive and it makes me extremely proud to see how we as a year group have demonstrated our resilience, determination and pride in our work.

As we go into the half-term break, this is a great opportunity for you all to reflect on your achievements this half-term and start considering your focus targets for next half-term.

After the half-term break, online learning will continue and attendance to live lessons will be mandatory as before. I am looking forward to hearing further about your successes and performance across subjects.

We are waiting for further updates on when we will return to normal school but in the mean-time please enjoy this half-term break. Have a rest and enjoy hopefully some improving weather as we move toward Spring.

Take care,  
Miss Choudhry

## Ms Cole's Top Tips for Year 10 students

1. **Work hard** - Getting good grades in school is not a walk in the park, you must make the effort
2. **Listen to the teacher** – now it might be that you must ask the teacher (send an email or request a call via your parents)
3. **Stop procrastinating** – this is when you do anything BUT your school work and allow yourself to be distracted
4. **Set aside time to study** – attend all 4 lessons every day
5. **Responsibly complete your work** – making sure you meet deadlines and complete work to the best of your ability

It is strange sometimes to remember that the country is in national lockdown as life is so busy at Castle View Academy. We are offering all our students' with academic challenge and stability during this difficult time and I have been impressed with the way students in Year 10 have responded to schooling in a lockdown. This week has seen over 97 parents book an appointment to discuss engagement and progress with the Year 10 tutor team – a fantastic partnership between home and the Academy. When we return after half term, we will need to ensure attendance is 100% in preparation for returning to school.

So, what are you waiting for? Use my tips and get yourself motivated to be successful over the next few weeks.

Ms Cole