



# Contents

Page

Introduction 2

Revision tips 2

Subject information 5

i)	<u>English</u>	<u>5</u>
ii)	<u>Maths</u>	<u>6</u>
iii)	<u>Science</u>	<u>7</u>
iv)	<u>History</u>	<u>8</u>
v)	<u>Geography</u>	<u>9</u>
vi)	<u>Spanish</u>	<u>10</u>
vii)	<u>Art</u>	<u>11</u>
viii)	<u>Dance</u>	<u>12</u>
ix)	<u>Drama</u>	<u>13</u>
x)	<u>Music</u>	<u>14</u>

# Introduction

Getting ready for **Assessments** is an important thing to do – there is nothing worse than arriving unprepared as this will only make you more anxious.

These **tips** are designed to help you get ready for assessments with minimum stress and maximum success.

It is essential to remember – everyone can experience success at assessments, especially if they are well prepared and determined to do their very best.

If you have any questions about how to best prepare for your assessments, please contact your subject teacher or heads of Year.

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# Revision Tips

1. **100% Attendance** – Give yourself the very best chance of success, by avoiding taking unnecessary time off school and making sure you are at your very best during school time. Keep as up to date in your classwork as you can and make sure you complete every home work to the very best of your ability.
2. **Be equipped and work smart** – make sure you have a place set aside at home for study, a desk preferably and good seating and lighting. It is best to keep a list of the homework you have to do and the revision you would like to do **from now on**. It is never too early to revise. Go back over work you did not understand in class. Use your new maths text books to help you and for all other subjects use your revision guides.
3. Make sure your **Homework** gets your very best attention – homework is essential to help you consolidate the learning you have done in lessons and is also designed to fill learning gaps. **“Flipped learning”** is used sometimes where you will find you are learning new information and skills. You should always aim to produce your very best work as your homework, take care and pride over the presentation and once you have the feedback from your teacher, make sure you read the advice, respond to marking and feedback in your class books and act on the advice given.

## Some specific tips to help you:

- Make sure you train yourself now to **eat well, sleep well, rest and do some exercise**. You must make sure your body is well prepared for the exams. This means getting used to eating breakfast now if you do not already. Sleep properly without distractions – turn off your music, put your phone away, do not have your TV on in your bedroom. Take some exercise if it is only a walk to get fresh air and exercise, but you must keep healthy. And most importantly **do not** use energy drinks and excessive amounts of caffeine to help you study; they are not good for you and will do you more harm than good.
- Give up some of the things that are getting in the way of you doing really well. Postpone watching soaps and playing on your game stations until all your homework is done to the best of your ability and you have done some revision as well.

## Some more tips to help you:

- Use **diagrams** and **flow charts** to help you.
- Use lots of colour when revising, **highlighters** and different colour pens.
- Do not revise with the TV on
- Take **regular breaks** – revision is like dieting, little and often works best.
- Reward yourself every 20-30 minutes with a **snack** and a **drink**.
- Ask your teachers about which **websites** and **Apps** are helpful, but use these sparingly, best to revise using **books**, pens and papers.
- To help remember lists, use a **mnemonic** to help you eg. PEE point evidence explanation.
- If you find it easier, try listening to **podcasts** or recording your notes on your phone and listen back to them.
- Above all, **START now**, and keep at it. Talk to your teachers, do lots of question practice, try lots of methods to see which suits you best and give it your very best shot.

# English

Subject:	English
Class and Year Group:	Year 7
Assessment period:	Thursday 16 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination
Paper Length:	Reading and Writing Assessment 1 hour 15 minutes

## ROA Revision

### Reading Assessment:

Students have been reading *Wolves of Willoughby Chase* in class and this is what they will be assessed on.

They will be given a question about a character or theme from the novel and asked how the character/theme is presented throughout the novel.

Students must ensure they have a thorough knowledge of the following characters:

- Bonnie
- Sylvie
- Miss Slighcarp

Students must ensure they have a thorough knowledge of the following themes:

- Power
- Deception
- Loyalty/friendship

It is important that they revise the way the writer presents each character/theme and his purpose for doing so.

The answer will require them to write a series of What? How? Why? paragraphs about the character/theme so they should prepare themselves to write an extended answer using their analytical skills.

### Writing Assessment:

In the writing element of the assessment students will be asked to write a narrative.

- In their writing they should focus on:
- Making the order of their story clear
- Structuring their story into linked paragraphs
- Using a wide range of vocabulary that helps to create an imaginative story
- Using a variety of sentence structures in their writing e.g. simple, compound, complex
- Using devices such as metaphors, similes, personification and pathetic fallacy.

# Mathematics

Subject:	Maths
Class and Year Group:	Year 7
Assessment period:	Friday 17 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination
Paper Length:	One paper, one hour and fifteen minutes

## ROA Revision

- <http://www.Hegartymaths.com>

### Topics Studied so far in Year 7

Decimal Place Value  
Writing decimals from words  
Odd and Even numbers  
Comparing and Ordering Integers  
Comparing and Ordering Negative Integers  
Comparing and Ordering Decimals  
Comparing and Ordering Negative Decimals  
Square numbers  
Square Roots  
Adding decimals  
Complex subtraction  
Subtraction with decimals  
Complex subtraction with integers and decimals  
Perimeter of Irregular Shapes  
Perimeter of Regular Polygons  
Perimeter of Rectangles and Parallelograms  
Perimeter of An Isosceles Triangle or an Isosceles Trapezium  
Perimeter of a Compound Shape  
Rounding to the nearest 10, 100, 1000  
Rounding to the nearest decimal place  
Rounding to the nearest integer  
Estimation  
Multiplication: Powers of 10  
Decimal Multiplication: Powers of 10  
Decimal Multiplication  
Short Division: Carrying with Remainders  
Dividing Decimals  
Finding the Lowest Common Multiple  
Finding the Highest Common Factor  
Using the HCF and LCM  
Prime Numbers  
Compound Shapes

# Science

Subject:	Chemistry (Particle Model), Biology (Cells) and Physics (Forces)
Class and Year Group:	Year 7
Assessment period:	Thursday 16 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination
Paper Length:	One Synoptic paper – 1 Hour

The following topics will be covered in the test:

- Cells - Plant cells, animal cells and organelles
- Organ systems - Digestive and Respiratory
- Transport in cells - Diffusion
- States of matter
- Changes of state
- Separation Techniques
- Forces – Balanced and Unbalanced Forces
- Speed, Distance and Time Graphs
- Gravity, Mass and Weight

Students may also be assessed on their ability to analyse data, plot graphs and design investigations.

For revision use:

- Exercise books
- BBC Bitesize website – Complete the revise, activity and test for the sections stated above.  
<http://www.bbc.co.uk/education/subjects/zng4d2p>
- Educational quizzes on <https://www.educationquizzes.com/ks3/science/>
- Knowledge organisers available from teachers

# History

Subject:	History: Norman Conquest
Class and Year Group:	Year 7
Assessment period:	Wednesday 15 <sup>th</sup> January 2020
Title:	1066 – claimants and control
Paper Length:	45 minutes

## Knowledge & Understanding:

- recall facts
- Describe key features – 1066 and the Norman Conquest
- Evaluate causes/consequences
- After the conquest; the Feudal System
- The importance of castles
- Construct an argument

*(2-7 mark questions. Ranging from “Who was --?” to “Why was – significant?”)*

## ROA Revision

- Students will be provided support materials on Show My Homework to aid revision.

# Geography

7.1.1 Locate and name the continents and oceans of the world, identify characteristics of the four countries and

Subject:	Geography
Class and Year Group:	Year 7
Assessment period:	Wednesday 15 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination- In this assessment you will be tested on What is a Geographer
Paper Length:	One paper, 50 minutes

capital cities of the United Kingdom and its surrounding seas.

7.1.2 Be able to locate places using longitude and latitude and describe the position of the Equator, Northern Hemisphere, Southern Hemisphere, the Tropics of Cancer and Capricorn, Arctic and Antarctic Circle, the Prime/Greenwich Meridian.

7.1.3 Demonstrate use of Ordnance Survey map skills, including 4 and 6 figure grid references, eight points of the compass, scale, measure distances, map symbols, representation of height including contour patterns, draw cross-sections, to investigate places.

7.1.4 Investigate the geography of the school grounds using fieldwork to observe, measure, record and present the human and physical features in the locality of the school using a range of methods, including sketch maps, plans and graphs, and digital technologies.

# Languages

Subject:	Spanish
Class and Year Group:	Year 7
Assessment period:	Friday 17th January 2020
Title:	Rank Order Attainment Examination
Paper Length:	One paper one hour in length

- **Introducing yourself (name, age, birthday)**
  - **Numbers (1 – 31), days of the week, months**
  - **Family members**
  - **Pets**
  - **colours**
  - Connectives: y (and), porque (because), pero (but)
  - Talking about your free time (en mi tiempo libre)
  - Sports
  - Activities Opinions: me gusta (I like), no me gusta (I don't like), me gusta mucho (I really like), no me gusta nada (I don't like at all)
  - Simple adjectives (aburrido –boring, guay – cool, estúpido - stupid, interesante – interesting, divertido – fun)
  - Conjugating present tense verbs AR
  - Frequency words (a veces – sometimes, nunca – never, de vez en cuando – from time to time, todos los días - everyday)
  - The weather
  - Question words
- \*7sp4 only need to revise the parts in bold**

# Art

Subject:	Art
Class and Year Group:	Year 7 groups .....
Assessment period:	Monday 13 <sup>st</sup> January 2020 – Friday 17 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination
Paper Length:	In class assessment

## ROA Revision

Practise drawing techniques whilst following Youtube drawing tutorials  
Practise adding tone whilst following Youtube drawing tutorials  
Practise drawing skills by drawing found objects from around the home  
15 minutes practise a day will help develop observational drawing skills

Correct hold of pencil when drawing  
Accuracy of initial drawn outline  
Ability to independently reflect and identify areas of inaccuracy in a drawn image  
Ability to refine and develop a drawn piece based on reflection  
Quality of tone  
Quality of texture when rendering a drawn piece  
Range of mark making

# Dance

Subject:	Dance
Class and Year Group:	Year 7
Assessment period:	Monday 13 <sup>st</sup> January 2020 – Friday 17 <sup>th</sup> January 2020
Title:	Rank Order Attainment Examination
Paper Length:	In class assessment

## ROA Revision

### CHOREOGRAPHY SKILLS

- 6 Basic Dance Actions - Turn, Travel, Balance, Stillness, Gesture, Jump
- Dynamics - How movements are performed
- Tableaux - a still image
- Transitions - linking movements
- Formations – where the dancers are standing
- Health and Safety
- Lifts
- Use of Contact
- Directions – what way the dancers are facing
- Motif – 8-18 counts of dance that show a theme or character
- Motif Development – Canon (Same movement performed one after the other), Unison (the same movement performed at the same time), Repetition (Repeating a movement or motif), Levels (using a mixture of low, medium and high levels), Retrograde (Performing your motif backwards)

### PERFORMANCE SKILLS

- Characterisation
- Focus - raising your eyeline when performing
- Energy
- Projection – Making movements big and clear

### APPRECIATION SKILLS

- Describe what went well in your own performance
- Describe what went well in a peers performance
- Describe own areas to improve and reasons
- Describe areas to improve for peers

# Drama

Subject	Drama
Class and Year Group	Year 7
Assessment period	Monday 13 <sup>st</sup> January 2020 – Friday 17 <sup>th</sup> January 2020
Title	Rank Order Attainment Examination
Paper length	In class assessment

Theatre in Education

## **ROA Revision**

**Learn your lines**

**Rehearse your play with your group**

Team work

Communication

Audience awareness

Still image

Gestures

Facial expressions

Body props

Projection

Working with text

Basic stage positions

Narrating

Focus

Target audience

# Music

Subject	Music
Class and Year Group	Year 7
Assessment period	Monday 13 <sup>st</sup> January 2020 – Friday 17 <sup>th</sup> January 2020
Title	Rank Order Attainment Assessment
Paper length	In class assessment

## ROA Revision

<http://musictheoryfundamentals.com/Quiz/notesOnTrebleQuiz.php>

<https://www.educationquizzes.com/specialist/music-theory/grade-1-note-values/>

# Food

Subject	Food
Class and Year Group	Year 7 Groups
Assessment period	Monday 13 <sup>st</sup> January 2020 – Friday 17 <sup>th</sup> January 2020
Title	Rank Order Attainment Assessment
Paper length	In class assessment

## **ROA Revision**

Accumulation of practical skills learnt this term:

Peeling, Chopping, slicing, dicing, Shredding, Blending, Peeling, Boiling, Simmering, Thickening, Shallow frying, Heat control