



Castle View Academy
The best in everyone™
Part of United Learning

The Weekly Roundup

#Determination #Ambition #Kindness

Stay connected with us @CastlevewUL www.castlevewacademy.org.uk

24th April 2020 - Edition: 2

Welcome to the **Summer Term**

Welcome back! We hope you all had a lovely Easter break. With home learning continuing for the foreseeable future, student lessons and work will continue to be set on Show My Homework with key resources accessible in the TEAMS subject folders.

Although this week all students were following their timetables to help structure their day, we have made some changes in order to create and introduce more interactive lessons. From next week, we will introduce a new timetable for Year 10, designed specifically to support them with their GCSE courses during this period of time and to ensure a depth of understanding as they encounter new parts of their curriculum. We are also currently reviewing Years 7 – 9 timetables to ensure that families are well supported with home learning.

To read all letters sent out by Mr Down, visit the letter page on our website by clicking [here](#).

Year 7,8 and 9 Art Challenge - Photo Letters

This is a photography and graphics project all in one! Over the next 5 weeks you are going to be completing weekly challenges that will help you create a photographic letter montage. Some examples of letter photos I have taken over the last week appear below.

It is lots of fun I promise!

Task 1: Read the PDF in Show My Homework this will explain this task in full and gives you lots of hints and tips.

Task 2: Take photos of objects that look like letters or letters in signs and graffiti.

You will need to submit a photo for each letter from A to M on the 27th of April. 13 photos in total. Use Powerpoint to arrange the photos you have taken and share with eliza.beck@castlevewacademy.org.uk



[Google Arts & Culture](https://artsandculture.google.com/) to the rescue! They've developed a website bringing together famous pieces of art from all around the world, so you can get your culture hit from the comfort of your sofa. Take a peek [here](https://artsandculture.google.com/)

Play with art using only your phone

New ways to experience art from home



ART TRANSFER

Turn Everything Around You Into Art

Get creative with Art Transfer



POCKET GALLERY

Step Inside the Nine-Dome Mosque

Discover heritage in Bangladesh



ART SELFIE

Find Out Which Artwork Looks Like You

Take a selfie and discover your artistic twin



A special shout out to Jake (Yr7) who decided to turn the new vocab into flashcards which went above and beyond the original assignment.

Well Done!





CULINARY DELIGHTS

Look at all the amazing food being cooked up by both staff and students.



RECIPE 1

Simple Potato Soup



Ingredients

- 1kg potatoes
- 1 litre milk
- 1 onion
- 1 carrot
- 1 clove of garlic
- 1 bay leaf
- 1 tsp salt
- 1 tsp black pepper
- 1 tsp olive oil

Method

1. Peel the potatoes and cut into small cubes.
2. Peel the onion and cut into small cubes.
3. Peel the carrot and cut into small cubes.
4. Peel the garlic and cut into small cubes.
5. Heat the oil in a large pan.
6. Add the potatoes, onion, carrot, and garlic to the pan.
7. Cook for 10 minutes.
8. Add the milk and bay leaf.
9. Simmer for 15 minutes.
10. Blend the soup with a hand blender.
11. Season with salt and pepper.

#CVProfessionalStudies

Louise W (Y9) Simple Potato soup – her mum sent in step by step pictures of Louise completing the entire recipe!! The presentation is 1st class!



Josh R-S' (Y9) Potato soup which he made in the week for his families dinner.



Ben who has perfected Scotch Eggs.

YUMMY!!

Mr Nutland has been doing his best Mr Bun the Baker impression and Miss Choudhry has been making Pizzas



Cameron G (Y7) has also been busy in the kitchen, experimenting with fresh fruit smoothies, bacon omelettes and spicy cheese dishes, all inspired by his favourite chef, Gordon Ramsey!



Shout Outs

Dancer of The Week to be awarded to Jake D in Year 7 who completed this week's dance work and sent in some fantastic pictures of his 'Ghost Dance' still images which he has accurately replicated from the professional production with the aid of his trampoline. Excellent work!!

Well done Leah M (Y10) who completed her entire dance lesson within 1 hour of it being posted and Triniti B (Y10) who has really been inspired by the Year 8 dance stimulus of Swan Song.

And finally the Professional Studies Team have been collating their top Netflix recommendations for each of our subjects which will be uploaded daily on the CV Professional Studies Facebook page.

MRS BECKS ESSENTIAL LIST OF

ART FILMS AND SERIES ON NETFLIX

1. Next in Fashion
2. The Creative Brain
3. Amazing Interiors
4. Abstract The Art of Design
5. McQueen
6. Styling Hollywood

MISS NUTLAND'S ESSENTIAL LIST OF

DANCE FILMS ON NETFLIX

1. Honey
2. Dance Academy: The Comeback
3. Step Up All In
4. You Got Served
5. Battle
6. West Side Story
7. Ballerina
8. I Dream of Dance



We have had lots more art work submitted and a number of submissions for our Easter dance photo challenge, well done everyone!

CAN YOU COMPLETE OUR

Easter Dance Photo Challenge?

1. Dance Selfie

2. Dance Leaps

3. Dance Splits

4. Dance Strength

5. Dance shoes

6. Dance Hair

7. Dance Movie

8. Dance Inspiration

9. Ballet or Street


10. Dance Quote

11. Dance Song

12. Tap or Jazz

13. Choreographer

Mr Dance *Mr Nut*



Department for Education

The Dept for Education have created a list of online educational resources to help children learn at home. These resources have been identified by leading educational experts and offer a wide range of support and resources for pupils of all ages. Click [here](#) to go to the directory.

HEGARTY HEROES

Really well done with everything you have done in maths this week! Collectively you have answered over 15,000 questions correctly and done more than 800 hours of work. That is really Fantastic. I want to give a special mention the pupils below who have done the most work in the school.

Keep up the great work,
Mr Reeve



School Nursing Service – We continue to offer health support and advice by telephone. Please contact the School Nursing Service on: **0300 123 6629** where your call be will forwarded to a member of the School Nursing team.

Please note that due to redeployment of team members this may not be the Nurse who works with your specific school. If parents or young people have any concerns, they can contact the School Nursing Service via the Pulse text messaging service on **07491163276**.

Student	Classroom	No. of unique skills completed	No. of skills with scores of 100%	No. of skills with scores of 70-99%	No. of skills with scores of 0-69%	Total questions answered	Total questions answered correctly	Total hours of learning
Anna	11Ma1	73	51	13	9	745	644	7.7
Charley	10Ma_2	19	11	7	1	182	156	6.1
Fatihah	10Ma_2	23	23	0	0	261	248	4.7
Dorian	7Ma_4	9	5	3	1	60	52	4.2
Faye	9Ma_1	6	2	3	1	43	32	4
Blossom	10Ma_2	17	11	5	1	199	180	3.7
Charlie	7Ma_2	18	15	3	0	396	369	2.9
Katie	10Ma_1	7	6	1	0	48	47	2.8
Boston	9Ma_1	16	5	10	1	123	104	2.8
Harvey	10Ma_1	10	2	7	1	85	75	2.7



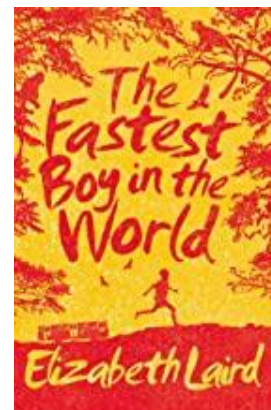
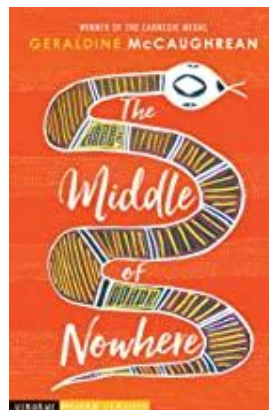
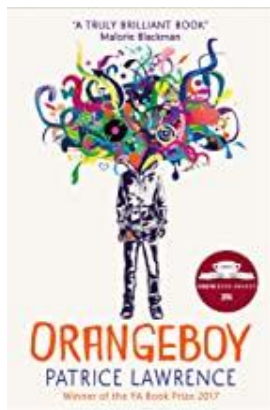
hegartymaths



Don't forget to check out the Hegarty Maths channel on YouTube for lots of free videos to help support your learning. If you're thinking about taking Maths at A level, there is a great video on there which has just been added for A level prep!

Tutor Reading

It has been great to see so many students following the tutor reading and responding to the short quizzes. Our most consistent readers are:



Year 10 - Well done to Chloe B, Jack Matthews and Amy J who are up to date with their reading

Year 9 - Have been especially great with their reading. Excellent effort especially from Grace P, Joshua R-S, Daisy T and Angela W.

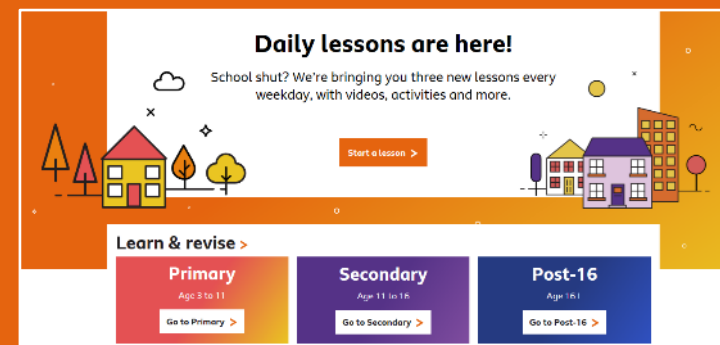
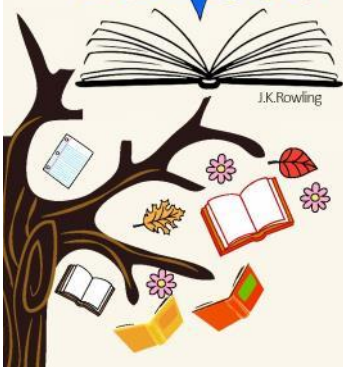
Year 8 - This week Year 8 have finished their first book – well done to everyone who has followed the story and answered the quizzes. Top readers are Riley T, Jake K and Jessica C but many students with just a short read left to go!

Year 7 - This has been an amazing story so far – and lots of superb readers have kept up with the story. Well done to Ruqayah B, Dolton B, Jake D, Summer-Louise D, Ayesha J, Joshua SW and all the students who are just one read behind – really impressive work Year 7.



Reading Programme

I DO BELIEVE
something very **MAGICAL** CAN HAPPEN
when you read
A GOOD BOOK



The BBC has launched a fantastic education package across TV and online, featuring celebrities and teachers, helping to keep children learning at home and supporting parents.

BBC Bitesize can be accessed here: www.bbc.co.uk/bitesize

Enjoy a world of free entertainment at home

Portsmouth residents can enjoy a huge range of entertainment, including music, books and magazines, while they're staying home. And it's all free!

All you need to do is use your library card, or sign up to be a library member online.

- audiobooks and e-books, including bestsellers and online reading group titles
- unlimited music streaming, from rock and pop to classical and world music
- magazines and comics to download and keep or read online, including top national titles
- hundreds of UK and international newspapers, including The News.



Science Challenge - Rainbow in a glass

Separate Skittles into cups in these amounts: 2 red, 4 orange, 6 yellow, 8 green, and 10 purple.

Heat a mug of water in the microwave for a minute and a half (or long enough that the water is hot, but not boiling). Be careful when removing the water from the microwave – it's hot!

Measure and pour two tablespoons of hot water into each cup, on top of the Skittles.

Stir each cup carefully so no water splashes out. The cups need to be cool for the next part of the experiment, so leave them somewhere where they won't get knocked over. Stir them every ten minutes or so until the Skittles are dissolved and the water is room temperature.

Using a dropper, add the coloured water from the five cups to the clear glass. Start with purple, then add green, then yellow, orange, and red last. Go slowly here, we don't want the different layers to mix.

Congratulations, you made a rainbow and you didn't even have to go outside!

Science Stars - Students who have put astronomical effort into their home learning activities!

Year 7 - Jake D

Year 8 - Jonathan R, Lucy G and Ashleigh B

Year 9 - Harry R and Chanel S

Year 10 - Harvey N, Taia H, Chelsey H and Marnie W

Year 11 - Anna P-S and Shane M

DID YOU KNOW?

Killer Whales also known as Orcas, are not whales at all but actually a type of dolphin. They are the largest breed of dolphins in existence.



A Poem by Miss Hall

Castle View yes we are, it doesn't matter if we are near or far. These times are hard but we will make it through, we have belief in all of you. Take this time to breathe, rest your body and feel at ease. Then take your pen, your iPad or phone, you can do this from your home. Log in and complete your tasks, this is all your teacher asks. Instead of going out at night, stay home with family, it's a rare sight. Play games, bake cakes make memories galore, a new type of life we have to explore. When the time comes and it is safe, we your teachers will be here to embrace. We will carry on where we left, we will work hard and do our best. Until that time is here, we wish you safety and a smile of cheer.

#CV proud #Take care

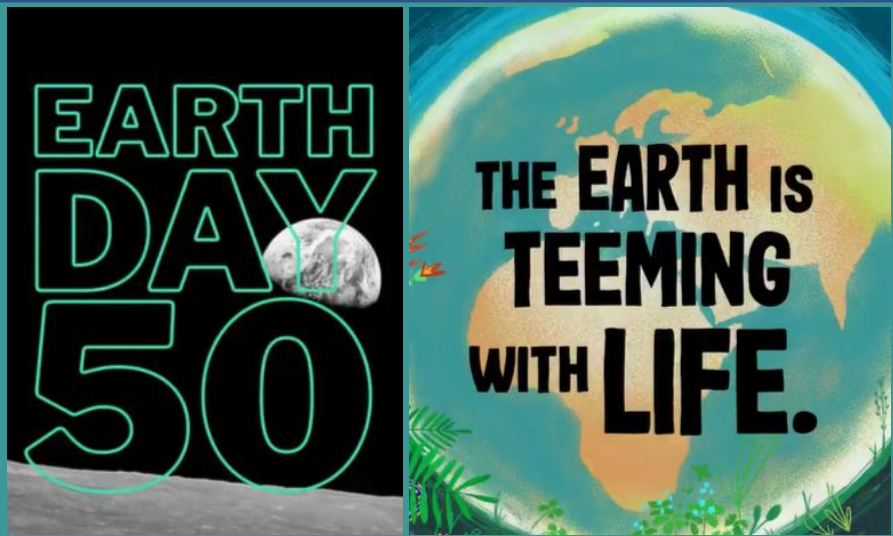


Reminder to all students – Remember to submit your work through SMHW or, if you are working from the paper packs, return your completed booklets to school.



Pandemic side-effects offer glimpse of alternative future on Earth Day 2020

This week we saw Earth day celebrate 50 years, but what is it?
Every year on April 22, Earth Day marks the anniversary of the birth of the modern environmental movement in 1970.
Today, Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behaviour and create global, national and local policy changes.



HISTORY

Some more great work from Anna in Year 11. This deserves a big mention as she's gone above and beyond the original brief of just creating a timeline!

History Edexcel GCSE medicine timeline

Medieval c.1250-1500

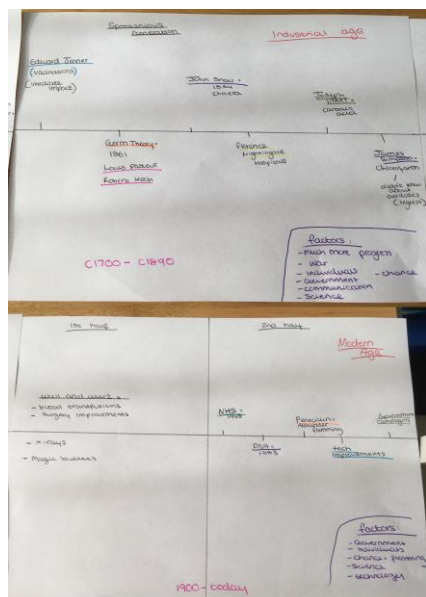
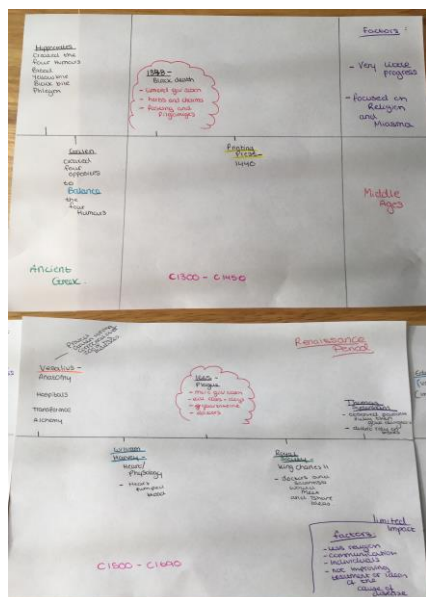
Factors = religion, individual genius

Medieval people were extremely religious and believed that god caused disease in order to punish people who had sinned; there was little explanation about the cause of disease other than it could be caused by having unbalanced humours (blood, phlegm, black bile and yellow bile). This idea had been created by Hippocrates and later on Galen further developed the idea by coming up with the theory of opposites, which opposed the idea that if you were too hot, you were to eat or drink something cold to cool down. Both of these theories were natural, these theories were extremely significant to the people due to the fact that both theories covered almost every illness. The church also supported Galen's ideas for many years because his ideas linked to the soul.

Astrology linked to illness and disease during the medieval period because people believed that the alignment of the planets and stars was extremely important; therefore if they were aligned incorrectly it would cause a disease for example, during the Black Death in 1348 people believed that it had been caused by a bad alignment of the planets and stars.

To read the full piece of work click [here](#).

Leah H in Year 11 has produced some excellent time line revision work via Show My Homework for GCSE Paper 1 History.



English Department News

A big welcome back from the English Department!

This half-term the English department are getting back in touch with nature. We've found that we currently have more opportunities to pause and look at the beauty of the natural world around us, and that has inspired us to explore some poetry about nature.

We hope you enjoy our nature themed poetry lessons. If you feel inspired to write any of your own poetry about the nature you can see around you at the moment then we would love to read it – please email your poems to your English teacher.

English teachers would like to take this opportunity to highlight the following students for their hard work over the Easter break:

Miss Chering would like to recognise Billy and Chloe in Year 10 who have worked really hard on their Language Paper 1 Question 4 responses over Easter.

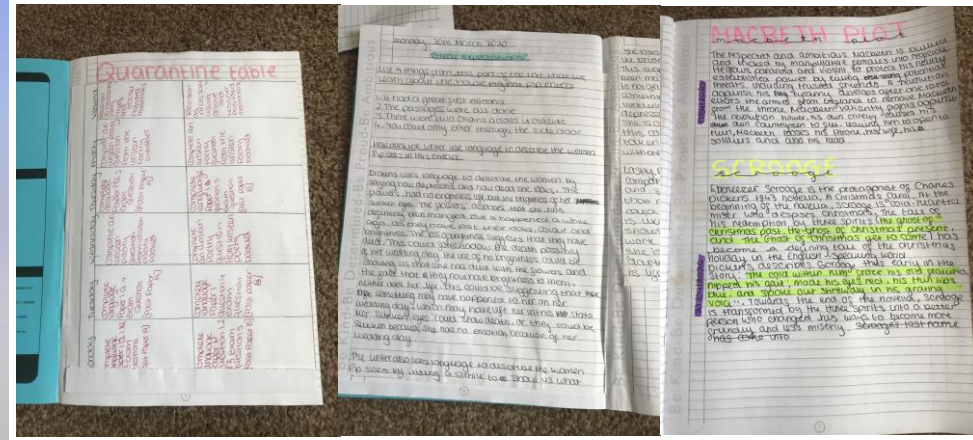
Katie, Taia, Jack, Leah and Drue in Miss Findlay's Year 10 English class have submitted some lovely examples of narratives and Language revision.

Miss DeBelder would like a special shout out to Beau who returned an excellent piece of creative writing over the Easter break, the only one of her class to do so! Well done.

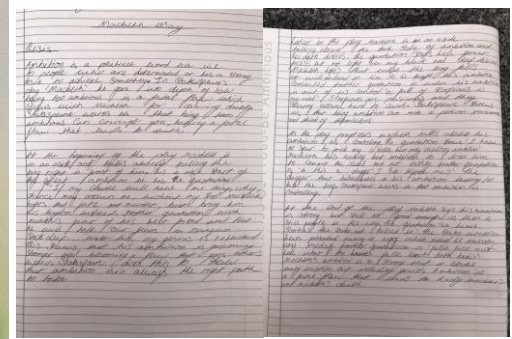


Below are some examples of the fantastic effort that year 10 students are putting into their work:

Lacie in Year 10



Chantelle in Year 10



All English teachers can be contacted by Show My Homework and email.

PowerPoint lessons are available online through Show My Homework or Microsoft Teams.

We hope you enjoy your first week back to learning. In the words of Shakespeare:

"Pleasure and action make the hours seem short"



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Introducing – Ms Cole

Children: A son and 2 daughters

Siblings: 4 Sisters and 2 brothers

Pets: 2 Dogs, Layla and Bleu

Hobbies: Reading, Ice skating and Escape room's



Favourites

Film/TV Series	Band/Song	Book/Comic/Manga

Country you'd most like to visit and what you'd do there

I would most like to visit Bali. I was meant to attend a friends wedding there in 2018 but was unable to go so now it is on my top 3 destinations.

I would also like to explore Rome

Three things you'd like to achieve by the time you're 50

- 1 I would like to attend the Olympic games
- 2 I would like to go on safari in Africa
- 3 I would like to regularly meditate through Yoga

Dear Parent/Carer,

I am writing to introduce myself as the new Head of Year 9 at Castle View Academy. I am absolutely delighted to have been appointed to this role and very much look forward to supporting each student as they aim to achieve their full potential with us over the next few years.

I have been a teacher, middle and senior leader in schools for over 18 years and have, in this time, taken on a variety of roles. As a result, I have a wealth of experience that I bring to the Academy. As a Head of Year it is my role to support, encourage and monitor your child to ensure progress is made. I expect them to maintain high standards of behaviour and enthusiasm for their learning as they move forward with new and exciting challenges. I will foster a positive atmosphere with my year group where all pupils feel valued and understand our joint responsibility for developing their academic, emotional and social skills, so they can fulfil their potential and go on to be successful young people.

As an experienced member of staff, I am aware of how difficult it can be at times, especially in the current climate, and I want you to know, we are here to help and ensure your child achieves and excels at Castle View Academy. As a parent/carers, you also play an important role in the education of your child and your encouragement and involvement can help a child excel. Your thoughts and views on how we can all work together in a meaningful way are always welcome.

At this unusual time, I would like to ask you to continue encouraging your child to engage with the school through Show My Homework or by collecting packs of work from the main reception and returning completed work. We understand that for some people access to devices and WIFI is limited and so we will be checking in through weekly calls home. Please contact your child's Form Tutor in the first instance should you have any concerns.

I look forward to meeting with you all once the Academy is open and continuing the journey your child takes through Castle View Academy.

Yours faithfully,

Ms Jennifer Cole

Head of Year 9

Jennie.cole@castlevewacademy.org.uk



YOUNG MINDS

fighting for young people's mental health

Supporting your child if they're feeling worried

It's normal for children and young people to feel worried or anxious at the moment. We've all experienced sudden changes in our lives and routines – and we're living with lots of uncertainty about the coming weeks. For some young people, the coronavirus pandemic may also worsen or trigger anxieties they were already struggling with.

Here are five things you can do to support your child:

1. Talk to them about what's going on. Find out how they're feeling and what they're thinking about, let them know it's okay to feel scared or unsure, and try to answer their questions and reassure them in an age appropriate manner. Remember, you do not need to know all the answers, but talking things through can help them feel calmer.
2. Help them to reflect on how they're feeling and encourage them to think about the things they can do to make them feel safer and less worried.
3. Reassure them that this will pass, you're there for them, and you will get through this together.
4. Spend time doing a positive activity with your child (such as reading, playing, painting or cooking) to help reassure them and reduce their anxiety. This is also a great way of providing a space for them to talk through their concerns, without having a 'big chat'.
5. Keep as many regular routines as possible, so that your child feels safe and that things are stable.

If you need to get in touch with someone from the school, please use the following email addresses:

HOY 7 – elizabeth.nutland@castleviewacademy.org.uk

HOY 8 - naila.choudhry@castleviewacademy.org.uk

HOY 9 - adam.thomas@castleviewacademy.org.uk

HOY 10 - laurence.holden@castleviewacademy.org.uk

HOY 11 - clare.sitch@castleviewacademy.org.uk

Student Welfare

Mrs Griffiths - samantha.griffiths@castleviewacademy.org.uk

If you need to contact the school in an emergency, please contact Mrs Gajdus on arlene.gajdus@castleviewacademy.org.uk or 07745791678

Don't forget to follow us on our Facebook & Twitter pages using @CastleviewUL

Take care and stay safe!